

**1. Project Mosquito Nets:** We are raising funds to provide 2000-3000 long lasting insecticide treated nets and education on prevention of malaria to children and families vulnerable to malaria in Zambia. The nets and education on malaria prevention will be provided in July/August 2016 - before the next malaria season.

(i) Cost of provision of 2000 nets and education on prevention of malaria (including a demonstration of proper use and storage of nets) = \$9600

Beneficiaries: 8000 young children or 4000 adults.

(ii) Cost of provision of 3000 nets and education on prevention of malaria (including a demonstration of proper use and storage of nets) = \$14,400

Beneficiaries: 12,000 young children or 6000 adults.

**2. Pediatric HIV care program:** We are raising funds to continue to provide a package of life saving health care services to 300 HIV+ children, prevent new HIV infections, and provide education on HIV prevention and care to families in our community in Zambia. The children receive, food, medicines, weekly health visits from a community health worker/Nurse, psycho-social counseling, education on HIV prevention, and monitoring and training in adherence to medication. In addition, primary care givers of children (most are grandmothers caring for multiple orphaned grandchildren) receive a five day intensive training in caring for an HIV+ child and in prevention of HIV.

(i) Cost of provision of comprehensive care to 300 families: \$39,000 for six months (0.71 cents per child per day).

(ii) Beneficiaries: Direct impact: 300 HIV+ children and their families (each family has about 7 people on average)

Indirect impact: An additional 1600 community residents. Community residents benefit indirectly, as trained family members (who have a better understanding of HIV prevention and care), share their experiences and learnings with others in the community.

**3. Micro Loans Program:** We are raising funds to provide an additional 50 new business loans to first time women entrepreneurs in our community. Our micro loans program provides business training, business loans, and business mentoring to first time women entrepreneurs impacted and/or infected with HIV/AIDS. The goal of this program is to empower women by teaching them marketable skills (mostly business skills) so they can use earnings from businesses started to pay for food, rent, medicines, and school expenses. Qualified loan recipients undergo an intensive business training before they are provided with a loan to start a business. Loan size is \$140-150 and can be repaid in six-eight months. All loan recipients are provided with three loans of the same size. At the end of the third loans cycle, we expect the women to have built up enough capital (and have moderate savings) to continue to run a profitable business on their own. Loan capital is revolving; once the loans have been repaid the original capital can be provided to a new set of women entrepreneurs. At this time we have 322 active loans.

(i) Cost of providing business training to 50 women, loan capital for 50 loans, business training, refresher training, business mentoring, ongoing business advice on site of business for a period of six months: \$14,000

(ii) Beneficiaries: Direct beneficiaries: 50 families or 350 people as each family has 7 people on average.

Indirect beneficiaries: an additional 700 community residents. Loan recipients become role models and mentors as they share their knowledge with others in the community and encourage them to take charge of their lives.

Overall impact: We are seeing a reduction in the incidence of malaria, better health of the children, higher school attendance and performance, and a reduction in stigma associated with HIV due to improved knowledge about HIV/AIDS. Our programs are making a significant and sustained impact on the community.

#### **About our Programs and Reasons for Success:**

1. Location and Need: All of Power of Love's programs are located in Matero - one of the poorest and largest compounds in Lusaka, Zambia. The community of Matero is characterized with a high incidence of HIV, AIDS and malaria and unemployment rates upward of 60%. Most residents are poor and live on less than \$2 per day - defined as extreme poverty by the UN - and can benefit from comprehensive programs such as ours. The direct beneficiaries of all our programs are women (many are grandmothers caring for multiple orphaned grandchildren) and children as they have been disproportionately impacted by the HIV, AIDS and malaria epidemics in Africa.

2. Goal and Vision: Our goal is to strengthen the community by empowering women. Our programs do more than provide hand-outs - we empower women and children by equipping them with the tools they need to take steps toward self-reliance. For example, we train (i) women in caring for their HIV+ children and family members, (ii) women in running a business, and (iii) older children in HIV prevention, care and adherence to their medication regimen.

3. Impact: All our programs are integrated so we can reach and impact a family in multiple ways. For example, all families are provided with mosquito bed nets and education on malaria prevention. In addition, women caregivers of children enrolled in our pediatric HIV care program are encouraged to apply for a loan so they can have an income source and can take care of the whole family. Similarly, loan recipients are encouraged to enroll their HIV+ children in our pediatric HIV care program.

4. Embedded: Since we have been working in Matero for the 12 years, and most of our staff is from the community itself, we have gained the trust of the community. Residents have come to rely on our services.

The information given above provides an overview of our work in Matero. I would be happy to provide more detailed information on any or all of the above programs. Also, a more detailed budget can be provided for each program upon request.

Alka Subramanian

ED/Founder

Power of Love Foundation